



## WAYS TO GET ACTIVE “CANCEL DEBT FAST!”

### 10 Ways You Can Participate in the Cancel Debt Fast...

1. **Register for the Fast online ([www.canceldebtfast.org](http://www.canceldebtfast.org)) or by mail:** This helps not only helps us keep you up-to-date with new and action opportunities, it also helps us more efficiently and effectively target our outreach activities. Please take 2 minutes to register today.
2. **Organize a “Collection of Plates” in your community:** We want to send a clear message to Congress: “We’re hungry for debt cancellation!” Imagine your members of Congress receiving thousands of empty paper plates with this message – this is powerful and compelling way to make our voices heard! See the attached sheet for instructions on holding a successful Collection of Plates in your community.
3. **Hold a Fast Commissioning service in your church or community:** Along with this packet we have enclosed some wonderful resources to help conduct a commissioning service for the fasters in your faith community. This is a simple but important way to honor their actions, and to help educate others your community about Jubilee and the Sabbath Year
4. **Contact your Members of Congress, or schedule a face-to-face meeting during the August recess:** Meeting your members of Congress face-to-face is one of the most effective things you can do to build support for the Jubilee Act. Visit the Jubilee website or contact [kristin@jubileeusa.org](mailto:kristin@jubileeusa.org) for details on how to schedule a meeting. NOTE: Contact your members of Congress as soon as possible to ensure that you get spot on their schedules.
5. **Recruit other churches and organizations in your community to fast:** Making the Cancel Debt Fast a success means reaching out to new churches and organizations. This campaign is a fun and exciting way to introduce new groups to the concept of Jubilee and to help send a message to members of Congress that this is an important issue.
6. **Submit Letters-to-the-Editor and Op-eds to local papers:** Writing to your local papers is an effective and fun way to raise awareness about the Cancel Debt Fast and the Jubilee Act. These letters and op-eds are read not only by citizens in your community, but they are also carefully read every day by your members of Congress. Sample LTEs and Op-eds will be available online soon or you can contact [monet@jubileeusa.org](mailto:monet@jubileeusa.org) for help.
7. **Send us pictures or videos of your fast actions for our website:** We want to help the members of Congress and the general public to see the diverse “faces of the fast.” Please send us pictures and videos of what you and your local community are doing so we can share them on our website or during visits to Capitol Hill.
8. **Hold a special Cancel Debt Fast offering:** As a grassroots organization Jubilee USA makes our resources go along way, but a campaign this big means extra costs. You can help us reach more people with the Cancel Debt Fast through your donations. Here are some creative ways to raise money for the fast:
  - ∞ Ask members of your church to pledge money per hour (like \$5 or \$10) for the number of hours that another member, or even the pastor, participates in the fast
  - ∞ Your church can pledge money for each new co-sponsor the we sign on to the Jubilee Act
  - ∞ Members donate the money they would have spent on food during their fast

9. **Mobilize your community to participate in the National Call On Congress Day on Oct. 15:** On Day 40 of the fast we will end with a mass call-in day to Congress urging support for the Jubilee Act. We encourage all supporters (whether they have fasted or not) to call on this day to set the stage for our Jubilee Leadership Break-fast and Lobby Day on October 16-17. We will be sending updates on how to promote and participate in this activity.
  
10. **Join us in DC for the Week of Action on Oct. 16-17:** We invite you to join us in Washington DC for a Week of Action at the end the Cancel Debt Fast. On October 16 Jubilee advocates from around the world will meet for a prayer breakfast on Capitol Hill, featuring the Archbishop of Cape Town Njongonkulu Ndungane. October 17 will be the Jubilee USA Lobby Day on debt cancellation. This event is scheduled to coincide with Global White Band Day: An International Day of Action to Eradicate Poverty. A limited number of travel scholarships are available, please contact [nathan@jubileeusa.org](mailto:nathan@jubileeusa.org).